

Monday

Early Risers, Toast, 2
Oranges or Peaches, or
Cereal, Toast, Assorted Milk

Oatmeal, Toast, Raisins 9
or Mixed Fruit, or Cold
Cereal, Toast, Assorted Milk

Omelet, Pears, Toast, Or 16
Cereal, Mandarin Orange,
Assorted Milk

Breakfast Burrito, 23
Cantaloupe or Mandarin
Oranges or Cereal, Fruit,
Toast, Assorted Milk

French Toast, Orange or 30
Apple, 2. Cereal, Orange &
Apple, Assorted Milk

Tuesday

Breakfast Pizza, 3
Pineapple or Applesauce,
Cereal, Nutri-Grain, Assorted
Milk

Breakfast Pizza, 10
Pineapple or Peaches or Cold
Cereal, Nutri-grain, Assorted
Milk

Breakfast Bars, Toast, 17
Peaches or Apples, Assorted
Milk

Biscuit & Gravy, or 24
Cereal, Nutri-Grain, Peaches
or Applesauce, Assorted Milk

Wednesday

Oatmeal, or Cold Cereal 4
Strawberries or Blueberries,
Assorted Milk

No School

Boiled Eggs, Links, Toast 18
or Cold Cereal, Banana or
Mandarin Oranges, Assorted
Milk

Breakfast Pizza, 25
Applesauce, Mandarin
Oranges or Apple, or Cereal,
Nutri-grain, Assorted Milk

Thursday

Pancake Wrap, 5
Applesauce or Peaches, or
Cold Cereal, Nutri-grain,
Assorted Milk

Breakfast Sandwich, 12
Mandarin Oranges, or
Apple, Cereal, Nutri-Grain,
Assorted Milk

Breakfast Wrap, 19
Applesauce or Cereal, Nutri-
Grain, Assorted Milk

No School

Friday

Corn Beef Hash, Muffin, 6
Mixed Fruit or Cereal,
Blueberries, Assorted Milk

Waffles, or Cereal, 13
Applesauce or Peaches,
Toast, Assorted Milk

Tornado's, Applesauce 20
or Peaches or Cereal, Toast,
Assorted Milk

No School



NOVEMBER 2026

Poplar Schools

Monday

1. Hot Hamburger w/ Gravy Potatoes, Peas, Orange
2. Chicken Nuggets, Mac. & Cheese, Apple or Orange, Celery, Salad Bar, Assorted Milk

1. Pulled Pork w/Bun, Fries, Kiwi
2. Chicken Noodle Soup, Carrot Sticks, Kiwi, Salad Bar, Milk

1. Tomato Soup, PBJ, Grapes or Peaches
2. Bean & Ham Soup, Ham or Turkey Sandwich, Celery Sticks, Grapes, Salad Bar, Milk

1. Pizza, Apple or Pineapple, Broccoli
2. Beef Noodle Hotdish, Peas, Apple or Orange, Salad Bar, Assorted Milk

1. McRibb w/Bun, Baked Beans, Peaches or Pears
2. Beef Veg. Soup, Carrot Sticks, Biscuit, Peaches or Pears, Salad Bar, Milk

Tuesday

1. Ham, Au Gratin Potatoes Biscuit, Pears or Peaches, Carrots
2. Chicken Patty's w/Bun, Fries, Pears or Peaches, Salad Bar, Assorted Milk

1. Chicken Taco in Bag, Celery Sticks, Apples
2. Hamburger Gravy, Mashed Potatoes, Dinner Roll, Carrots, Pears, Salad Bar, Milk

1. Chicken Noodle Hot Dish, Peas or Carrots, Peaches or Apple
2. Chicken Drumsticks, Wedges, Apples, Dinner Roll, Salad Bar, Assorted Milk

1. Scalloped Potatoes w/ Ham, Biscuit, Peaches or Pears
2. Chili Dogs, Fries, Orange or Apple, Salad Bar, Milk

Wednesday

1. Chili Dogs, Fries, Oranges or Apples
2. Pulled Pork w/ Bun, Baked Beans, Carrots, Apple, Salad Bar, Assorted Milk

No School

1. Pizza Pockets, Carrots Sticks, Pineapple
2. Chicken Nuggets, Mac. & Cheese, Celery Sticks, Peaches, Salad Bar, Milk

Taco Salad, Carrot Sticks, Tropical Fruit or Apple, Salad Bar, Assorted Milk

Thursday

1. Beef Stew, Cinn. Rolls, Celery or Carrot Sticks, Apple
2. Chili, Celery Sticks, Cinn. Roll, Apple or Orange, Salad Bar, Assorted Milk

1. Pizza, Pineapple or Orange, Celery Sticks
2. Chicken Strips, Curly Fries, Oranges or Apples, Salad Bar, Assorted Milk

1. Turkey Dinner
2. Ham Dinner
Salad Bar, Asst. Milk

No School

Friday

Super Nacho's Orange or Apple, Celery Sticks, Salad Bar, Assorted Milk

Hot Hamburger w/ Fries, Celery Sticks, Orange or Apple, Salad Bar, Assorted Milk

Spaghetti, Bread Stick, Corn, Apples, Salad Bar, Assorted Milk

No School